

## □ About the Program

The key objectives of the programme are to train high caliber, competent and well -versed counselors, to provide students with an opportunity to explore the provision of counseling within various settings, and to meet the challenges of modern times with regard to social relationships. The programme will provide a wide scope of knowledge and skills in major areas of counseling

## □ Admission requirements

A mean grade of C+ (Plus) at K.C.S.E level  
Equivalent Qualifications

1. 2 principals and 1 subsidiary at A-level
2. Diploma in Counseling from a recognized institution.

## □ Modes of study

The programme is currently being offered through the following modes

1. Full Time
2. Part- Time (Evening and Weekends)
3. Open & Distance Learning Mode (ODLM)

## □ Study centres

The programme is currently available in the following centers

1. Meru Campus ( Full Time and DLM)
2. Nairobi Campus- (All Modes)
3. Mombasa Centre - (All Modes)
4. Nakuru Centre - (All Modes)
5. Nyeri Centre - (All Modes)
6. Maua Centre
7. Kisii Campus

## □ Duration of the study

The course is structured to take 8 sixteen- week semesters or 4 academic calendar years (2 trimesters in an academic calendar year), in addition to practicum. However, the period can be shortened to 3 calendar years by registering for the 3 trimesters in a calendar year.

## □ Credit transfers

Students who register with a Diploma in Counseling from a reputable institution in the relevant specialization may be allowed to transfer relevant credits into their registered programme.

## □ Intakes per year

The intakes for this programme are in January, May, and September. However, application for admission to the programme can be done all year round.

## □ Employment opportunities

Graduates from this programme can be employed as counselors in various institutions such as education institutions, NGOs and hospitals among others. Graduates can also set up counseling centers to offer consultancy services.



## □ Programme structure

### 1ST YEAR

#### 1ST SEMESTER

Course Code	Course Title	Credit hours
THEO 111	Christian Beliefs	3
COUN 100	Introduction to Psychology	3
COUN 105	Evolution and Development of Counselling	3
LANG 100	English and Communication	3
HSCI 225	HIV and AIDS	3
BUSS 114	Entrepreneurship	3
<b>Total</b>		<b>18</b>

#### 2ND SEMESTER

Course Code	Course Title	Credit hours
COMP 100	Computer Applications	3
MATH 130	Basic Statistics	3
COUN 101	Principles of Guidance and Counseling	3
COUN 115	Introduction to social psychology	3
COUN 120	Human growth and development	3
COUN 125	Abnormal Psychology	3
<b>Total</b>		<b>18</b>

### 2ND YEAR

#### 1ST SEMESTER

Course Code	Course Title	Credit hours
SOST 202	Introduction to Research Methods	3
ENVI 201	Environmental Science	3
COUN 200	Theories of Counseling	3
COUN 205	Ethnic and Legal Issues in Counseling	3
COUN 210	Life Skills, Substance abuse and Rehabilitation	3
COUN 215	Learning Theories	3
<b>Total</b>		<b>18</b>

#### 2ND SEMESTER

Course Code	Course Title	Credit hours
COUN 220	Personality Theories	3
COUN 225	Skills and Techniques in Counselling	3
COUN 230	Human Sexuality	3
COUN 235	Psychology of Human Adjustment	3
COUN 240	Gender Issues and Counselling	3
COUN 245	Counselling Research Project Proposal	3
<b>Total</b>		<b>18</b>

### 3ND YEAR

#### 1st Semester

Course Code	Course Title	Credit hours
COUN 300	Counselling Children, Youth and Adult	3
COUN 305	Peer Counselling	3
COUN 315	Conflict Resolution and Stress Management	3
COUN 320	Organization and Management of Counselling Services	3
COUN 325	Pastoral Counselling	3
COUN 330	Counselling Research Report	3
<b>Total</b>		<b>18</b>

### 2ND SEMESTER

Course Code	Course Title	Credit hours
COUN 335	Psychometrics	3
COUN 340	Palliative Counseling	3
COUN 345	Behaviour modification	3
COUN 350	Supervision in counseling	3
COUN 355	Marriage and family counseling	3
Elective*		3
<b>Total</b>		<b>18</b>

\*A student to take any third year course from any department in the University.

### 4ND YEAR

#### 1ST SEMESTER

Course Code	Course Title	Credit hours
COUN 400	Career and Vocational Counseling	3
COUN 401	Cross Cultural Counselling	3
COUN 402	Trauma counselling and Management	3
COUN 403	Clinical counseling	3
COUN 404	Counselling children with special needs and their parent	3
COUN 405	Consumer psychology	3
<b>Total</b>		<b>18</b>

#### 2ND SEMESTER

Course Code	Course Title	Credit hours
COUN 406	Crisis Counseling	3
COUN 410	Group Counseling	3
COUN 412	Counseling Special Population	3
COUN 414	Health Psychology	3
COUN 415	Emerging Issues in Counseling	3
COUN 420	Community Counseling	3
<b>Total</b>		<b>18</b>
<b>Counseling Practicum</b>		
COUN 408	Counseling Practicum	6

#### Application Procedure

Application forms are available at the Meru Campus and all the other centres. You can also download the application forms from the University website [www.kemu.ac.ke](http://www.kemu.ac.ke)

A non-Refundable application fee of Ksh 1000 for East Africans and US\$ 20 for non-East Africans will be charged.

For more information Please Contact: *The Academic Registrar -Main Campus*

#### The Academic Registrar - Main Campus

P.O. Box 267, Meru 60200  
Tel: +254-064-30301/31229/31171  
Fax: +254-064-30162  
Email: [info@kemu.ac.ke](mailto:info@kemu.ac.ke)

#### Nairobi Campus - Koinange Street

P.O. Box 45240-00100 Nairobi  
Tel: +254-020-248172/247987 | Fax: +254-020-248160  
Email: [Nairobicampus@kemu.ac.ke](mailto:Nairobicampus@kemu.ac.ke)

#### Nakuru Campus

Mache Plaza-4th Floor  
P.O. Box 3654-20100 Nakuru  
Tel: 254-051-2214456

#### Mombasa Campus

Former Visa Oshwal Academy  
P.O. Box 89983 Mombasa  
Tel: +254-020-2118446

#### Nyeri Campus

Rwara building-4th Floor  
P.O. Box 2285 Nyeri  
Tel: +254-061-2032904

#### Kisii Campus

Royal Tower, Hospital road,  
Pilot Line: +254 735 372326  
[kisii.campus@kemu.ac.ke](mailto:kisii.campus@kemu.ac.ke)



# KeMU

Kenya Methodist University

*The future is here!*

## Bachelor of Arts Counseling

