

3.0 PROGRAMME STRUCTURE for counselling diploma

1ST YEAR

1st Semester

| Course Code | Course Title | Credit hours |
|--------------|--|--------------|
| DCOU 001 | Introduction to Psychology | 3 |
| DCOU 002 | Evolution and Development of Counselling | 3 |
| DCOU 004 | Principles of Guidance and Counseling | 3 |
| DCOU 005 | Introduction to social psychology | 3 |
| DCOU 006 | Human growth and development | 3 |
| DCOU 007 | Abnormal psychology | 3 |
| DCOU 008 | Theories of Counseling | 3 |
| Total | | 21 |

2nd Semester

| Course Code | Course Title | Credit hours |
|-----------------|---|--------------|
| DCOU 010 | Ethics and Legal Issues in Counseling | 3 |
| DCOU 011 | Life Skills, Substance abuse and Rehabilitation | 3 |
| DCOU 012 | Skills and Techniques in Counselling | 3 |
| DCOU 014 | Human Sexuality | 3 |
| DCOU 015 | Group Counseling | 3 |
| DCOU 020 | Counselling Research Project Proposal | 3 |
| Elective | | 3 |
| Total | | 21 |

2ND YEAR

1st Semester

| Course Code | Course Title | Credit hours |
|--------------|---|--------------|
| DCOU 021 | Counselling Children, Youth and Adults | 3 |
| DCOU 022 | Peer Counselling | 3 |
| DCOU 024 | Conflict Resolution and Stress Management | 3 |
| DCOU 025 | Palliative Counseling | 3 |
| DCOU 026 | Supervision in Counseling | 3 |
| DCOU 027 | Crisis Counseling | 3 |
| DCOU 029 | Career and Vocational Counseling | 3 |
| Total | | 21 |

2nd Semester

| Course Code | Course Title | Credit hours |
|---------------------------------------|------------------------------------|--------------|
| DCOU 030 | Counseling Research Project Report | 6 |
| DCOU 032 | Counseling Practicum | 3 |
| Total | | 9 |
| Credit Hours for the Programme | | 72 |

* *dcou 016 gender issues in counselling (elective)*